# **Perinatal Nurse Practicum**

### Live Activity

8/16/2022 8:00 AM to 5:00 PM – Avera Education Center 8/17/2022 8:00 AM to 5:00 PM – Avera Education Center

#### **Purpose**

The Perinatal Nurse Practicum is a 2 day course providing education for the registered nurse regarding care of the woman and her infant throughout pregnancy, birth, and postpartum. Content for the Perinatal Nurse Practicum includes the following areas: maternal physiology, fetal heart rate pattern review, care of the woman during labor and postpartum, preterm labor, obstetric emergencies, hypertensive disorders in pregnancy, intrapartum and postpartum care of the diabetic woman and her infant, postpartum complications, care of the newborn, infant security, and infant loss/bereavement. Course materials are provided.

#### **Objectives**

- 1 Gain knowledge and understanding of assessment of a laboring woman.
- 2 Gain knowledge and understanding of maternal physiology.
- 3 Gain knowledge and understanding of intrapartum management of the diabetic mother.
- 4 Gain knowledge and understanding of fetal heart rate monitoring.
- 5 Gain knowledge and understanding of preterm labor.
- 6 Gain knowledge and understanding of hypertensive disorders in pregnancy.
- 7 Gain knowledge and understanding of obstetric emergencies.
- 8 Gain knowledge and understanding of intrapartum and postpartum care of the diabetic woman and her infant.
- 9 Gain knowledge and understanding of postpartum complications.
- 10 Gain knowledge and understanding of care of the newborn.
- 11 Gain knowledge and understanding of infant security.
- 12 Gain knowledge and understanding of infant loss/bereavement.

#### **Outcome**

100% of the participants will self-report an increased knowledge about the basic perinatal nursing skills and providing care to the perinatal patient and newborn at the completion of the session.

## **Target Audience**

**Professions** – Nurse - RN **Specialties** – Obstetrics/Gynecology

### **Completion Requirements**

- Attend entire activity
- Complete evaluation

### **Accreditation & Credit Designation**

#### Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **15.50** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

## **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Sara Barton, RN	Committee Planning Member	Nothing to disclose
Meredith Halgerson, MSN, Nurse	Content Expert - Committee Member, Faculty, Lead Planner	Nothing to disclose
Sarah Block, BSN	Faculty	Nothing to disclose
Sarah Christie, RN - C	Faculty	Nothing to disclose
Mary Oyos, RN	Faculty	Nothing to disclose
Teresa Vander Stouwe, CNM, CNM	Faculty	Nothing to disclose



